

Family and Peer Support

Providing specialized and comprehensive support for families with missing children

Often so much focus can be placed on the missing child that the families' well-being can be lost in the shuffle. We believe that it is important to focus on the emotional stability of the family dynamic of the missing child in the hopes that the child can be returned to a healthy family.

MCSC offers individualized support to families so that you are better able to cope with the stress of a missing child, both during the investigation as well as after reunification. By connecting families with other individuals with similar experiences, we believe we can provide you with an essential support network so that you can share coping techniques and experiences. **You are not alone.** Being able to talk to another parent or loved one who has gone through the same experience can be an invaluable connection.

Support via Multiple Channels:

- a) Phone
- b) Skype
- c) E-mail

Four main services:

- 1. One-on-One Coaching
- 2. Group Sessions
- 3. Conversations with a Peer
- 4. Guest Speakers

"The difficult times that I went through while my daughter was abducted were highly emotional and it wasn't easy to focus on the most important aspects of the daily life. The Missing Children Society of Canada Peer support out west has been great, helping me understand what is really happening with the left behind parents and how to cope with the pain.

The support group in Alberta, conducted by an experienced professional supported me morally, encouraging on all my attempts on recovering my daughter from the hands of the abductor. They' ve provided me lots of counselling over the phone during the difficult time and also with tools and shared their knowledge with me on my specific questions and circumstances.

I'm glad to have been enrolled and I want to thank them all for all their support and assistance with the tools provided and hope the very best for all the people going through this unfortunate experience."

- Reunited Parent



"We want you to know there is no shame in contacting us and that we urge you to do so. We are here to help serve you in one of your greatest times of need and focus on providing that support in the form that you are most comfortable with, whatever that may be."

-Mona Cooley, MCSC Support Specialist

The program is here to help assist you with developing skills to better be able to cope with stress during an investigation process and the strategies to face any potential outcome in long term cases. We will also provide support for both you and your family during the recovery and reunification process. Privacy and confidentiality are strictly maintained. Throughout this process we can also help you identify counseling and practical resources in your local area.

Mona Cooley is a Family Support Specialist with over eighteen years of experience in her field. In addition to assisting MCSC families, Mona also works with families through Canadian Mental Health Association, Calgary and with The Alex program – Pathways to Housing.

Anyone wishing to speak to our Family and Peer support group is encouraged to contact the Missing Children Society of Canada at 1-800-661-6160 or through info@mcsc.ca. For more information on the Family and Peer Support group, please visit our website. http://www.mcsc.ca/family-peer-support.

E. info@mcsc.ca P: 1 (800) 661-6160 W: www.mcsc.ca